

CBE ID

0029

Title

Physical Activity in Older Adults (PAO)

Project

Health and Well Being

Endorsement Status

Endorsement Removed

Is Under Review

No

Previous Endorsement Cycle

Full Year 2015

Removal Date

Wed, 06/08/2016 - 20:00

Initial Endorsement

Sun, 08/09/2009 - 20:00

Steward

National Committee for Quality Assurance

1.0 New or Maintenance

Maintenance

1.1 Measure Structure

Single Measure

1.3 Electronic Clinical Quality Measure (eCQM)

No

1.6 Measure Description

This measure has two rates that assess the promotion of physical activity in older adults:

Discussing Physical Activity: Percentage patients 65 years of age and older who reported discussing their level of exercise or physical activity with a doctor or other health provider in the last 12 months

Advising Physical Activity: Percentage patients 65 years of age and older who reported receiving advice to start, increase, or maintain their level of exercise or physical activity from a doctor or other health provider in the last 12 months

1.7 Measure Type

Process

1.8 Level of Analysis

Health Plan, Integrated Delivery System

1.9 Care Setting

Outpatient Services, Post-Acute Care

1.14 Numerator

Discussing physical activity: The number of patients in the denominator who responded “yes” to the question, “In the past 12 months, did you talk with a doctor or other health provider about your level of exercise or physical activity? For example, a doctor or other health provider may ask if you exercise regularly or take part in physical activity.” Advising physical activity: The number of patients in the denominator who responded “yes” to the question, “In the past 12 months, did a doctor or other health provider advise you to start, increase or maintain your level of exercise or physical activity? For example, in order to improve your health, your doctor or other health provider may advise you to start taking the stairs, increase walking from 10 to 20 minutes every day or to maintain your current exercise program.”

1.15 Denominator

Medicare patients age 65 years and older who reported having had a visit to a health care provider in the past 12 months.

1.20 Types of Data Sources

Instrument-Based Data

6.1.2 Current or Planned Use(s)

Payment Program, Public Reporting, Quality Improvement (Internal to the specific organization), Quality Improvement with Benchmarking (external benchmarking to multiple organizations)

Exclusions

N/A

Measure Disclaimer

No changes have been made to this measure

Planned Use

Payment Program, Public Reporting, Quality Improvement (Internal to the specific organization), Quality Improvement with Benchmarking (external benchmarking to multiple organizations)

Risk Adjustment

No risk adjustment or risk stratification

Target Population

Elderly, Populations at Risk: Dual eligible beneficiaries, Populations at Risk: Individuals with multiple chronic conditions

Steward Organization

National Committee for Quality Assurance

Steward POC email

measureendorsement@ncqa.org