

CBE ID

0421

Title

Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up Plan

Project

Prevention and Population Health

Endorsement Status

Endorsement Removed

Is Under Review

No

Previous Endorsement Cycle

Spring 2020

Removal Date

Wed, 01/22/2020 - 19:00

Initial Endorsement

Wed, 07/30/2008 - 20:00

Steward

Centers for Medicare & Medicaid Services

1.0 New or Maintenance

Maintenance

1.1 Measure Structure

Single Measure

1.3 Electronic Clinical Quality Measure (eCQM)

No

1.6 Measure Description

Percentage of patients aged 18 years and older with a BMI documented during the current encounter or during the previous twelve months AND with a BMI outside of normal parameters, a follow-up plan is documented during the encounter or during the previous twelve months of the current encounter

Normal Parameters: Age 18 years and older BMI ≥ 18.5 and < 25 kg/m²

1.7 Measure Type

Process

1.8 Level of Analysis

Clinician: Group/Practice, Clinician: Individual

1.9 Care Setting

Outpatient Services

1.14 Numerator

Patients with a documented BMI during the encounter or during the previous twelve months, AND when the BMI is outside of normal parameters, a follow-up plan is documented during the encounter or during the previous twelve months of the current encounter.

1.15 Denominator

All patients aged 18 and older on the date of the encounter with at least one eligible encounter during the measurement period

1.20 Types of Data Sources

Claims Data, Registry data

Exclusions

Not Eligible for BMI Calculation or Follow-Up Plan (Denominator Exclusion) - A patient is not eligible if one or more of the following reasons are documented:

Patients receiving palliative care on the date of the current encounter or any time prior to the current encounter

Patients who are pregnant on the date of the current encounter or any time during the measurement period prior to the current encounter

Patients who refuse measurement of height and/or weight or refuse follow-up on the date of the current encounter or any time during the measurement period prior to the current encounter

Patients with a documented BMI outside normal limits and a documented reason for not completing BMI follow-up plan during the current encounter or within the previous 12 months of the current encounter (Denominator Exception):

Patients with a documented Medical Reason. The Medical Reason exception could include, but is not limited to, the following patients as deemed appropriate by the health care provider

Elderly Patients (65 or older) for who weight reduction/weight gain would complicate other underlying health conditions such as the following examples:

Illness or physical disability

Mental illness, dementia, confusion

Nutritional deficiency, such as vitamin/mineral deficiency

Patient is in an urgent or emergent medical situation where time is of the essence, and to delay treatment would jeopardize the patient's health status

Measure Disclaimer

The measure and specification are provided "as is" without warranty of any kind.

Risk Adjustment

No risk adjustment or risk stratification

Target Population

Dual eligible beneficiaries, Elderly, Individuals with multiple chronic conditions, Populations at Risk, Veterans

Steward Organization

Centers for Medicare & Medicaid Services

Steward POC email

helen.dolar-maples@cms.hhs.gov