

**CBE ID**

0421e

**Title**

Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up Plan

**Project**

Prevention and Population Health

**Endorsement Status**

Endorsement Removed

**Is Under Review**

No

**Previous Endorsement Cycle**

Spring 2020

**Removal Date**

Wed, 01/22/2020 - 19:00

**Initial Endorsement**

Mon, 01/16/2017 - 19:00

**Steward**

Centers for Medicare & Medicaid Services

**1.0 New or Maintenance**

Maintenance

**1.1 Measure Structure**

Single Measure

**1.3 Electronic Clinical Quality Measure (eCQM)**

Yes

**1.6 Measure Description**

Percentage of patients aged 18 years and older with a BMI documented during the current encounter or during the previous twelve months AND with a BMI outside of normal parameters, a follow-up plan is documented during the encounter or during the previous twelve months of the current encounter

Normal Parameters: Age 18 and older BMI  $\geq 18.5$  and  $< 25$  kg/m<sup>2</sup>

**1.7 Measure Type**

Process

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## 1.8 Level of Analysis

Clinician: Group/Practice, Clinician: Individual

## 1.9 Care Setting

Outpatient Services

## 1.14 Numerator

Patients with a documented BMI during the encounter or during the previous twelve months, AND when the BMI is outside of normal parameters, a follow-up plan is documented during the encounter or during the previous twelve months of the current encounter.

## 1.15 Denominator

Initial Population: All patients 18 and older on the date of the encounter with at least one eligible encounter during the measurement period

## 1.20 Types of Data Sources

Electronic Health Data, Electronic Health Records: Electronic Health Records

## Exclusions

Denominator exclusions include the following:

Patients who are pregnant

Patients receiving palliative care

Patients who refuse measurement of height and/or weight or refuse follow-up

Denominator exceptions include the following:

Patients with a documented Medical Reason

Patients in an urgent or emergent medical situation where time is of the essence and to delay treatment would jeopardize the patient's health status

## Measure Disclaimer

These performance measures are not clinical guidelines and do not establish a standard of medical care, and have not been tested for all potential applications.

THE MEASURES AND SPECIFICATIONS ARE PROVIDED "AS IS" WITHOUT WARRANTY OF ANY KIND.

## Risk Adjustment

No risk adjustment or risk stratification

## Target Population

Dual eligible beneficiaries, Elderly, Individuals with multiple chronic conditions, Populations at Risk, Veterans

## Steward Organization

Centers for Medicare & Medicaid Services

**Steward POC email**

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