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**CBE ID**

2612

**Title**

CARE: Improvement in Mobility

**Project**

Patient Experience and Function

**Endorsement Status**

Endorsement Removed

**Is Under Review**

No

**Previous Endorsement Cycle**

Spring 2020

**Removal Date**

Tue, 11/16/2021 - 00:00

**Initial Endorsement**

Thu, 07/23/2015 - 08:13

**Steward**

American Health Care Association

**1.0 New or Maintenance**

Maintenance

**1.1 Measure Structure**

Single Measure

**1.3 Electronic Clinical Quality Measure (eCQM)**

No

**1.6 Measure Description**

The measure calculates a skilled nursing facility's (SNFs) average change in mobility for patients admitted from a hospital who are receiving therapy. The measure calculates the average change in mobility score between admission and discharge for all residents admitted to a SNF from a hospital or another post-acute care setting for therapy (i.e., PT or OT) regardless of payor status. This is a risk adjusted outcome measure, based on the mobility subscale of the Continuity Assessment and Record Evaluation (CARE) Tool and information from the admission MDS 3.0 assessment. The measure is calculated on a rolling 12 month, average updated quarterly.

**1.7 Measure Type**

Outcome

## 1.8 Level of Analysis

Facility

## 1.9 Care Setting

Nursing Home/Skilled Nursing Facility

### 1.14 Numerator

The measure assesses the change in mobility. The numerator is the risk adjusted sum of the change in the CARE Tool mobility subscale items between admission and discharge for each individual admitted from a hospital or another post acute care setting regardless of payor status and are receiving therapy (PT or OT) for any reason in a skilled nursing center.

### 1.15 Denominator

The denominator includes all residents admitted to a SNF from a hospital or another post-acute care setting who receive either PT or OT therapy for any reason during their stay regardless of payor status, have a completed mobility CARE tool assessment at admission and discharge and do not meet any of the exclusion criteria. The mobility items used from the CARE tool are listed below and rated on a 1-6 scale (see Appendix for copy of the mobility CARE tool assessment). The items included in the CARE Tool Mobility subscale include: • B1. Lying to Sitting on Side of Bed• B2. Sit to Stand• B3. Chair/Bed to Chair Transfer• B4. Toilet Transfer• B5a & B5b. Walking or Wheelchair Mobility• C3. Roll left / right• C4. Sit to Lying• C5. Picking up object• C7a. One Step Curb• C7b. Walk 50 ft. with Two Turns• C7c. Walk 12 Steps. • C7d. Walk Four Steps• C7e. Walking 10 ft. on Uneven Surface• C7f. Car Transfer

## 1.20 Types of Data Sources

Electronic Health Records: Electronic Health Records, Other

### 6.1.2 Current or Planned Use(s)

Public Reporting, Quality Improvement (Internal to the specific organization), Quality Improvement with Benchmarking (external benchmarking to multiple organizations)

## Exclusions

Patients are excluded for two broad reasons:

1. if they have conditions where improvement in mobility is very unlikely,  
OR
2. have missing data necessary to calculate the measure

Additionally, facilities with denominator size of fewer than 30 patients during a 12 month period are excluded from reporting their data.

## Measure Disclaimer

None

**Planned Use**

Public Reporting, Quality Improvement (Internal to the specific organization), Quality Improvement with Benchmarking (external benchmarking to multiple organizations)

**Risk Adjustment**

Statistical risk model

**Target Population**

Dual eligible beneficiaries, Elderly

**Steward Organization**

American Health Care Association

**Steward POC email**

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