

(No Red Flags and/or no personal history of CVD, and hemodynamically stable)

SYMPTOMS

*NYHA class \geq II

Suggestive of Heart Failure:

- Dyspnea
- Mild orthopnea
- Tachypnea
- Asthma unresponsive to therapy

Suggestive of Arrhythmia:

- Palpitations
- Dizziness/syncope

Suggestive of Coronary Artery Disease:

- Chest pain
- Dyspnea

VITAL SIGNS

- Resting HR \geq 110 bpm
- Systolic BP \geq 140 mm Hg
- RR \geq 24
- Oxygen sat \leq 96%

RISK FACTORS

- Age \geq 40 years
- African American
- Pre-pregnancy obesity (BMI \geq 35)
- Pre-existing diabetes
- Hypertension
- Substance use (nicotine, cocaine, alcohol, methamphetamines)
- History of chemotherapy

**PHYSICAL EXAM

ABNORMAL FINDINGS

Heart: Loud murmur or
Lung: Basilar crackles

\geq 1 Symptom + \geq 1 Vital Signs Abnormal + \geq 1 Risk Factor or
ANY COMBINATION ADDING TO \geq 4

NO

YES

Consultation indicated:

MFM and Primary
Care/Cardiology

Obtain: EKG and BNP

- Echocardiogram +/- CXR if HF or valve disease is suspected, or if the BNP levels are elevated
- 24 hour Holter monitor, if arrhythmia suspected
- Referral to cardiologist for possible treadmill echo vs. CTA vs. alternative testing if postpartum

Consider: CXR, CBC, Comprehensive metabolic profile, Arterial blood gas, Drug screen, TSH, etc.

Follow-up within one week

Results negative

Signs and symptoms resolved
Reassurance and routine follow-up

Results abnormal

CVD highly suspected