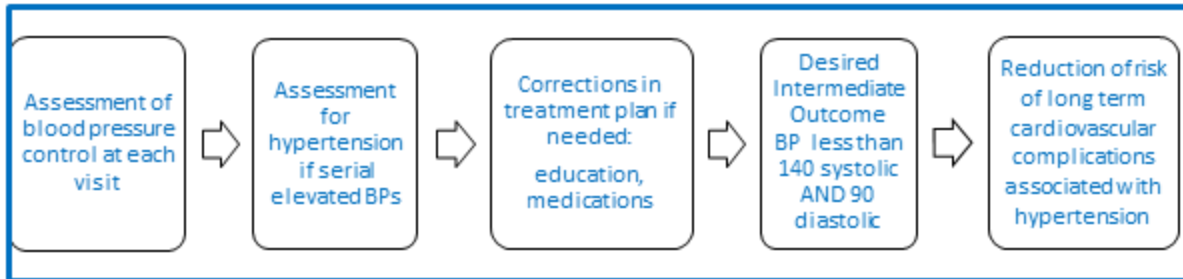
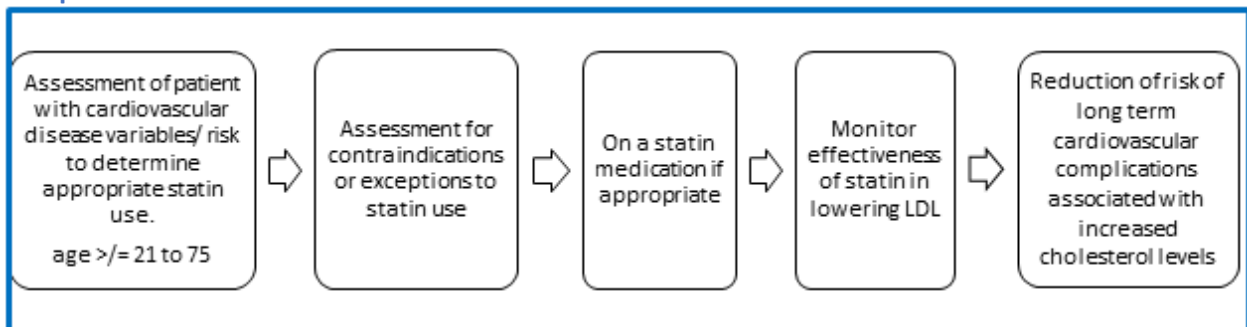


The intermediate physiological and biochemical outcomes included in this composite measure along with the appropriate use of statins and daily aspirin or antiplatelets are modifiable lifestyle risk factors that can ultimately decrease the incidence of long-term catastrophic events and chronic illness associated with cardiovascular disease.

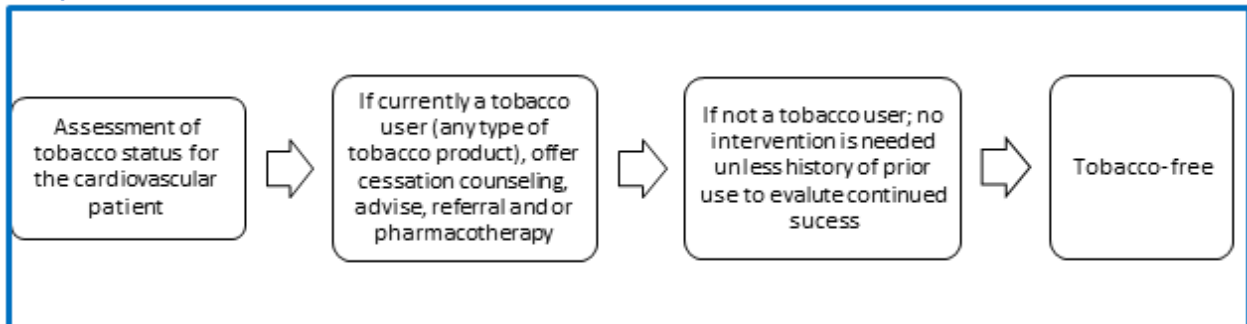
**Component # 1 Blood Pressure less than 140/90**



**Component # 2 Cholesterol Statin Use**



**Component # 3 Tobacco Free**



**Component # 4 Daily Aspirin or Antiplatelet Medication**

